

Gentlemen and women,
As you know, the FCC is soliciting public comments regarding the NAB petition that seeks to stop XM from providing XM Instant Traffic & Weather.

I and my entire household benefit enormously from listening to XM Satellite Radio and its traffic and weather channels for at least two, and many more, important reasons. 1. We live in an area where standard radio signals are hard to tune in and 2. We take long business trips by automobile through areas with little of no standard radio signals. In addition, I suffer from hypertension and satellite radio provides soothing channels which help me on my commute to work (one hour each way, five days a week) and a respite from a very high stress job. The variety and quality that are not available elsewhere are available on XM. In addition, I am offended by a great deal of harsh language-filled music on standard channels. As a Christian, I can turn to the comfort of Christian music and programming that reaffirms my faith, my belief in America, and helps to mitigate my high blood pressure both at home and in my car.

These services are not free, I pay for them, and it should not be up to the National Association of Broadcasters to dictate what I am permitted to hear. I respectfully urge the FCC to reject the NAB's petition 04-160 and to support XM's ability to provide the kind of programming that I need for my mental, emotional, spiritual, and physical health. In a world where dangers are around every corner, surely the FCC can understand that this NAB petition is demeaning. There are much bigger issues at stake, affirming our freedom to choose and the kind of old fashioned, traditional American life that the objectionable programming on commercial radio does not provide. Sure those of us who want and pay for a choice for a more fulfilling and peaceful type of programming should have the choice Americans have always stood for and richly deserve.

Thank you for your time and consideration,

Elizabeth M. Lyons